

Links to Videos & Tools



"Hand Brain Model for Kids":

<https://www.youtube.com/watch?v=J0JAalv1vO8&feature=youtu.be>



"How do you help a grieving friend?"

<https://youtu.be/l2zLCCRT-nE>



"Teen Suicide Prevention": <https://youtu.be/3BByqa7bhto>



Columbia Protocol App:

Apple: <https://apps.apple.com/us/app/columbia-protocol/id1450966911>

Google: <https://play.google.com/store/apps/details?id=net.pssolutions.lighthouse>

Other resources:

- **Securely:** software monitoring tool that notifies administrators when there are mentions of suicide, nudity, and cyberbully. <https://www.securly.com/>
- **Talking Points** is a great texting platform that automatically translates messages according to family home language.
- **Calendly**
- **Youcanbook.me**
- **Sources of Strength**
- **Suicide Safety Plan App**
Apple: <https://apps.apple.com/us/app/columbia-protocol/id1450966911>
Android:
https://play.google.com/store/apps/details?id=com.moodtools.crisis.app&hl=en_US&gl=US&pli=1